

Vaginal Douche- Vaginal douching can be described as the practice of flushing or washing the vagina with a mixture of water and other fluids like iodine, baking soda or vinegar. There are several packaged douches available in the market and pharmacies. Douche means to soak or wash in French. Vaginal douching is a practice of washing out the vaginal and it is done by spraying the water mixture upward into the vagina through a tube.

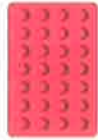
Contraception methods



Condom



Female
condom



Oral
contraception



Hormonal ring



UID



Contraceptive
injection



Surgical
sterilization



Implant



Coitus
interruptus



Calendar rhythm
method



Vaginal
douche



Contraceptive
patch



Diaphragm / cap